

# SPRING IS JUST AROUND THE CORNER

Second Quarter 2023

## UPCOMING TRIPS

FIDDLER ON THE ROOF

SHADES OF IRELAND

SUMMERTIME WITH  
THE BROWNS

COLORADO RAILS

JERSEY BOYS AT THE  
CHANHASSEN

BRANSON

ADVENTURE DOWN  
UNDER

MYSTERY TRIP



## WELCOME TO MY GARDEN

By Tammy Browning

"To Plant a Garden is to Believe in Tomorrow" is the quote at the entrance to my garden. My daughter painted the sign for me a few years ago. I finished the back of the sign with a piece of floral wallpaper from my Grandma's house so that it is also pretty from inside the garden. It makes me smile and warms my heart every time I look at it.

I had been dreaming about having a beautiful garden for many years. Making my dream a reality became a family project - my husband and both of our kids participated in helping me create my vision for my garden. It makes it so special to me because we worked on it together.

When I walk into my garden, it is like I have entered a peaceful place, full of childlike wonder. I don't know how many times my husband has walked up to find me talking to the plants.....or even to myself, in complete awe at what has been accomplished in that magical space! There is such joy in watching something grow from a seed into a plant and then, ultimately, into something that can nourish your body. I marvel at it every single year.

The beauty and wonder of the garden goes so far beyond the "fruits of my labors"....it is also about the peace and joy it brings to my soul. It is about the sense of accomplishment I feel when I can share vegetables with a friend. It is even the odd pleasure I get from sore muscles and dirty hands after a long day spent in that special space.

I hope I never lose the sense of wonder that I experience every time I walk into my back yard and look at my garden. I hope you have a place that brings you that same kind of feeling of awe and a genuine sense of wonder.....



## Spirit Lake

**Coffee & Conversation on Wednesdays - 10:00 at The Well.**

April 12th, May 10th, June 7th & July 12th!

**RSVP to Tammy to reserve your spot today!**



## Spirit Lake's Annual Emerald Club Dinner & Concert

Wednesday, August 16th

We have a very special event planned for you that you won't want to miss! **Details will be coming soon!**

# Cherokee

## Coffee & Conversation at 2:00 - Mud on Main

April 25th with a guest speaker, May 16th, June 20th & July 18th

**RSVP to Debbie to reserve your spot today!**

## Storm Lake

**Dutch Treat Luncheon** - Someone will win a free lunch today..... will it be you?

April 20 - 11:30 at Boz Welz

May 25 - 11:30 at King's Point

June 21 - 11:30 at Villager

**RSVP to Stacy to reserve your spot today!**

## Sioux City

Sioux City Art Center Tour - 225 Nebraska Street - May 11th at 2:00

## KMEG TV Tour - June 8th at 2:15

### Explorers Baseball Game - July date to be determined

**Oscar Vineyard - August date to be determined**

**RSVP is required for all listed events. Call Nancy today to reserve your spot!**

## Roasted Spring Vegetables

6 oz. Asparagus cut into 2-inch lengths

6 oz. Baby Carrots

6 oz. Yellow Squash

6 oz. Zucchini

3 Tbsp. Salted Butter, melted

3 cloves Garlic, minced

1 tsp. Parsley, finely chopped

Salt to taste

Directions:

1. Preheat oven to 400 degrees.
2. Combine veggies. Add in the remaining ingredients and stir to mix well.
3. Make sure all vegetables are coated evenly. Arrange in a single layer on a baking sheet lined with parchment.
4. Roast for 12-15 minutes. Serve immediately.

## Planning Ahead

We're not accustomed to talking about our finances with family or even with professionals. Research shows financial and legal plans discussed and acted on before a crisis occurs provides a safety net and improved wellbeing. *Planning AHEAD* provides an end-of-life planning workbook for all ages developed by UW-Madison Division of Extension. The research-based document will help you understand how to prepare for the end-of-life decisions, and why it's important to have a plan in place. Topics include handling financial changes, advance medical and legal directives, estate planning, final wishes, and more.[ii]

Author

Carol Ehlers Human Sciences Extension and Outreach

## Family Wellbeing- Family Finance

712-732-5056 xehlers@iastate.edu



### Fiddler on the Roof - May 4, 2023

We will be heading to Sioux City's Orpheum Theater for a performance of Fiddler on the Roof. We have reserved seats near the front-center of the balcony for the show. Enjoy a stop at Palmer Candy and the MidAmerica Museum of Aviation & Transportation - home to a beautiful exhibit to remember Flight 232, in addition to several other interesting displays. We are finalizing details, including the delicious included dinner! We plan to have pick-ups in Spirit Lake, Cherokee and Storm Lake, with departure times to be announced soon.

Members from other locations can meet us at one of our pickup locations or in Sioux City - please call for details! **Cost of this day trip is \$160 per person.**

## Shades of Ireland - May 16-26, 2023

From history-filled Dublin to the rolling green hills and dramatic coast, experience Ireland's charms on a journey through the Emerald Isle. Kiss the Blarney Stone at historic Blarney Castle, see Killarney from an Irish jaunting Irish car & experience the world-famous beauty of the Ring of Kerry. See border collies in action during a traditional sheepdog demonstration & stand in awe at the top of the stunning 700-foot Cliffs of Moher. A vibrant blend of captivating culture and stunning nature, this is the Ireland you've always imagined! This trip is currently full, but we are taking names for the waiting list.

**Cost is \$4,659 for double occupancy or \$5,299 for single occupancy.**

**It's Summertime with the Brown's - June 15th, 2023**

Let's start summer off right with the Brown's during Ice Cream Days! Join us as we head to Le Mars for lunch and a show! The Brown's will debut a new array of songs full of your favorite seasonal vibes with violins and vocal arrangements. This show will have you celebrating summertime goodness all day long! We will have pick-ups in Spirit Lake, Cherokee and Storm Lake. Other locations are welcome to meet us in Le Mars - please call for details.

**Cost is \$105 per person and is due at registration**

**Colorado Rails - July 15-21, 2023**

Immerse yourself in the rugged scenery of Colorado's Rocky Mountains as you explore aboard three fantastic railways! Step back in time at museums dedicated to WWII aviation and the Leadville mining days. Walk the halls of the hotel made famous in the Shining, see the world's highest suspension bridge, and wonder at the red sandstone formations in Garden of the Gods!

**FINAL PAYMENT IS NOW DUE! Don't miss this exciting summer trip!**

**Cost is \$3,469 per person for double occupancy or \$4,089 per person for single occupancy - includes round trip flight from Omaha to Denver.**

**JERSEY BOYS at the Chanhassen Dinner Theater - September 20-21, 2023**

With phenomenal music, memorable characters and great storytelling, Jersey Boys follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Enjoy the hits "Big Girls Don't Cry", "Can't Take My Eyes Off You", "Sherry", and much more! We will enjoy and overnight stay at the Country Inn & Suites, Chanhassen, and some great seats for dinner & the show at the theater. Give us a call or stop in to get all of the details and sign up!

**Branson - October 17-22, 2023**

***We do Branson differently than anyone else does it!*** We will enjoy a meal at one of our favorite places in Jefferson City, Prison Brews! We will overnight there before we explore the *Missouri State Penitentiary*, which operated from 1836 to 2004! Before it closed, it was the oldest operating penal facility west of the Mississippi. Once in Branson, we will enjoy a cruise on the **Showboat Branson Belle** & some of the best shows in town, including *Queen Esther* at the Sight and Sound Theater, *SIX*, *Clay Cooper's Country Express* & the *Duttons*! We will take some time to explore *Silver Dollar City* during the Harvest Festival and enjoy a tour of *College of the Ozarks*, dubbed "Hard Work U", which will include a meal at the Keeter Center. Our final stop will be Kansas City, where we will enjoy a tour of the *Steamboat Arabia Museum* and the *New Theatre Restaurant* for dinner and a show!

**Cost is \$1,899 per person for double occupancy or \$2,299 per person for single occupancy. \$250 deposit due upon registration.**

**Adventure Down Under - Australia & New Zealand**

February 9-March 3, 2024 -Journey to the far-off lands of Australia and New Zealand to discover stunning landscapes, encounter amazing wildlife, and embrace the Aboriginal and Mouri cultures! This tour has it all, from a day at Steve Irwin's Australia Zoo, another amidst the beauty of the Great Barrier Reef, a visit to the Lord of the Rings Hobbiton movie set, to a magical boat ride through caves illuminated by thousands of glowworms. Learn about the unique challenges of life in the Outback and the indigenous culture that thrives here. Ride a cableway through the rainforest canopy; cruise the icy waters of Milford Sound; meet cuddly koalas, adorable kiwis, and parading penguins. Modern wonders await as well, with an inside look at the Sydney Opera House and visits to the National Gallery of Victoria and the National Opal Collection! **Don't miss this custom-designed, exclusive journey with the Emerald Club, escorted by Tammy! We have a recorded travel show - contact any of your Emerald Club Directors for the link!** Full itinerary available at all Central Bank locations, or can be sent per request!

**Cost of this once-in-a-lifetime adventure is \$11,760 per person for double occupancy or \$13,989 for single occupancy.**

Travel Protection Insurance Available for an additional fee.

**SNEAK PEEK**

We are planning a fun, MYSTERY TRIP just for you!  
Where are we going? We will give you some clues.  
Keep watching your newsletters for hints, tips & rates.  
But for today, we'll only give you the dates:  
Wednesday, May 29-Sunday, June 2, 2024  
(Please stop in or give us a call to receive the not-so-detailed flyer!)



Memorials of WWII  
Featuring the 80th  
Anniversary of the  
D-Day Landing

Solar Eclipse &  
Niagara Falls

**2024**

# Emerald Club



**Tammy Browning, Executive Director**  
1400 18th Street, PO Box 188 Spirit  
Lake, IA 51360  
712-203-2125  
tbrowning@mycentral.bank



**Stacy Meyer, Director**  
600 Lake Avenue  
Storm Lake, IA 50588  
712-732-2190  
smeyer@mycentral.bank



**Debbie Nelson, Director**  
401 West Main Street  
Cherokee, IA 51012  
712-225-2546  
dnelson@mycentral.bank



**Nancy George, Director**  
400 Gold Circle, Suite 100  
Dakota Dunes, SD 57049  
605-540-4333  
ngeorge@mycentral.bank